

# PLAYBOY

**CULTURE**  
MYTH OF THE  
HOMEWRECKER

---

**INTERVIEWED!**  
CAMPAIGN  
WIZARD JAMES  
CARVILLE

---

**ALTERED  
EGO**  
MAGGIE LINDEMANN  
ON BEING HERSELF

**20 Q**  
WITH  
KEHLANI  
ON GENDER,  
MUSIC & BEING  
A MOM

**JULIA** *Judy*

WWW.PLAYBOYMAGSWEDEN.COM 59 SEK



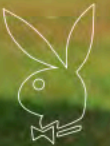
9 772517 959409

20027

# CONTENTS

- 06 **LET'S PLAY**  
With Swedish pop star Tove Lo
- 08 **PLEASURE PRIMER**  
Why wine equals arousal
- 12 **PICTORIAL**  
RAVEN KALI
- 20 **INTERVIEWED!**  
James Carville the campaign wizard
- 30 **TELLING THE TRUTH**  
We get candid with Jemele Hill
- 34 **HOLLYWOOD PLASTIC SURGEON**  
The lowdown on the perfect implants
- 40 **ON THE COVER**  
JULIA JUDY
- 50 **20Q: KEHLANI**  
On gender, music & being a mom
- 60 **CULTURE**  
The myth of the homewrecker
- 64 **PICTORIAL**  
ALIA PEZZINO
- 72 **ALTERED EGO**  
Maggie Lindemann on being herself
- 82 **SYMPOSIUM**  
The ever-shifting meaning of race
- 84 **PICTORIAL**  
CANDICE KLOSS
- 92 **SEXTING TWITTER STAR**  
Patricia Lockwood's salvation in poetry

**ON THE COVER**  
JULIA JUDY  
Photography by Sage Hammond  
No 53 | February 2022



# ASK A HOLLY- WOOD WOOD PLASTIC SURGEON

THE LOWDOWN ON THE PERFECT IMPLANTS,  
BUTT INJECTIONS & MORE



**When it comes to implants, what are the trending types these days?** Most patients ask for a "natural look." Less and less people come in asking for super large implants like 550 cc or 700 cc. People have been very open on social medial sharing their experience with different size implants and surgical procedures. And thanks to this

Dr. Michael Hakimi is one of the top Hollywood Board Certified plastic surgeons that all the stars go to and we just wanted to ask him about the trending type soft implants these days, what males are getting done too, and what celebs everyone wants to look like when going under the knife.

openness, the new generation of breast augmentation patients are much more aware of inherent risks and potential problems with large implants and have much more realistic expectations. I spend a lot of time in my consultations going over the types of implants, places to put the scar, recovery etc. and I see more and more nodding their heads saying "I know I know ...". Now, the 3 Dimensional Simulation technology has made a huge difference in my practice. Today patients submit

3 photos on my website and in 30 seconds we can make a 3 D simulation of their photos with different size implants. They can either come in and try their new breast size with our Virtual Reality Goggles or do a virtual consult and show the 3D recon-



struction of their "new" breasts in different sizes to their friends or significant other. This takes the guessing out of the equation. Patients know what size they are getting and what they would look like before going to the operating room.

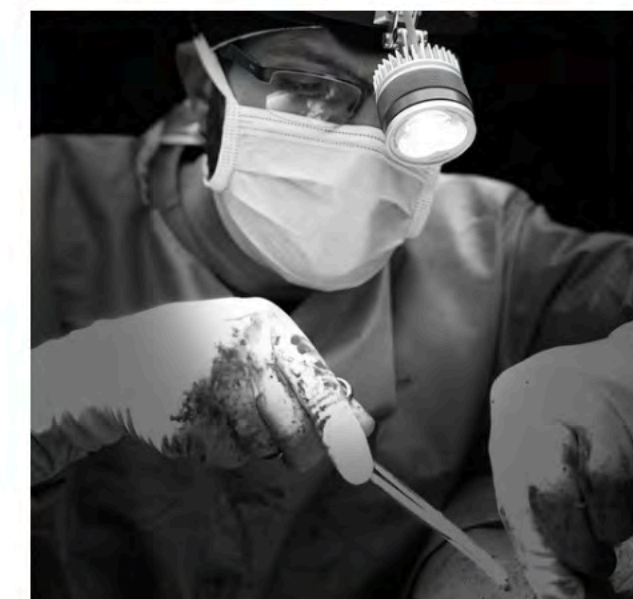
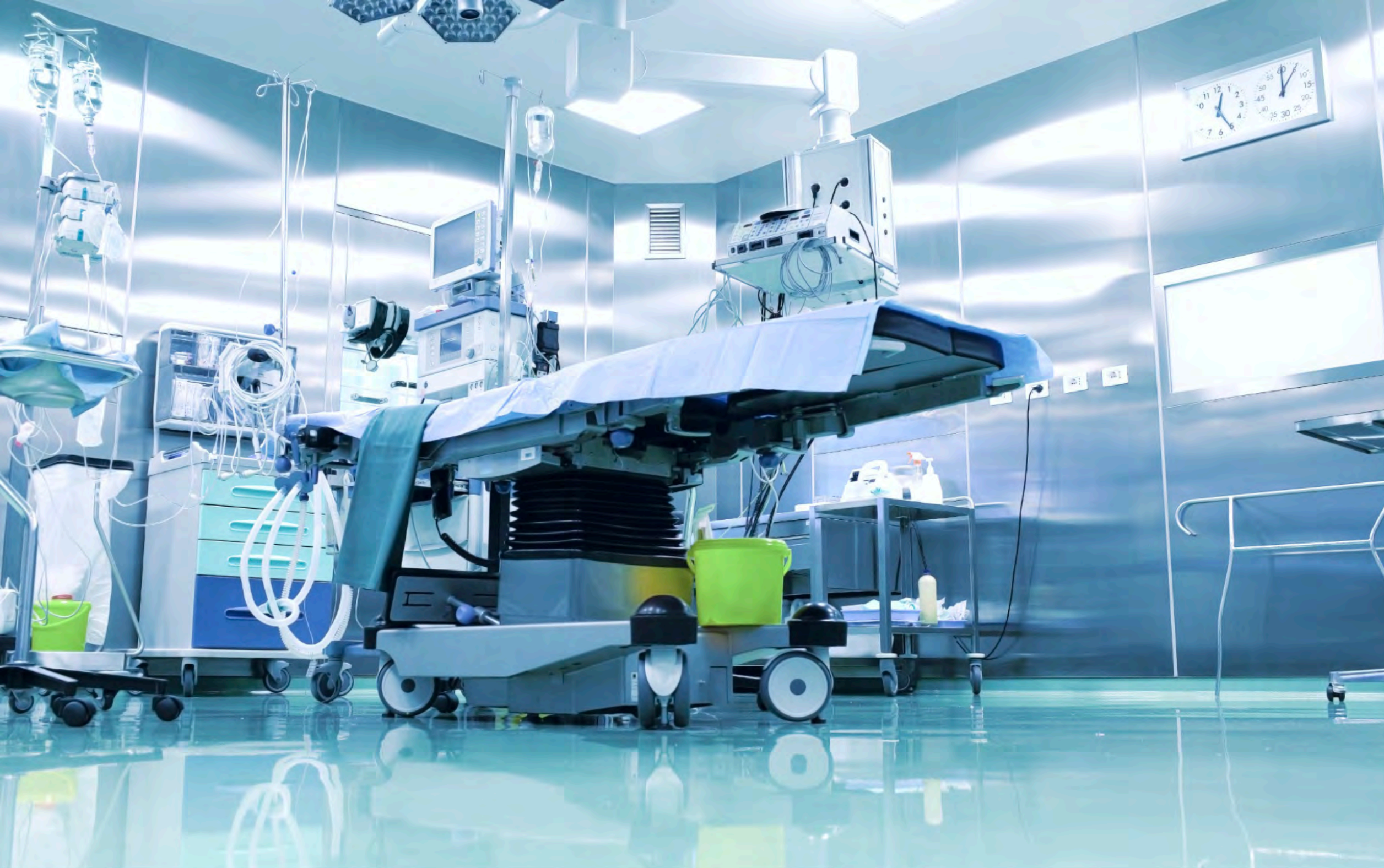
**What surgeries are a lot of males getting these days?** Jaw contouring has been the most popular in my practice. With people doing more video conferencing, there has been an unprecedented awareness of any laxity under the chin or any softening of the jawline. Men specifically, are more hesitant to have, for example, a neck lift procedure as the scar might show more the first few weeks because it is harder to cover with a short haircut. Also, some fear it might make their face look feminine or pulled. Nowadays with radiofrequency skin tightening procedures, we are able to really tighten up the skin and chisel the jawline. The procedure is frequently done under local anesthesia in conjunction with liposuction of the neck. Patients take regular Tylenol for a couple of days after the surgery and back to work the same week. Also, thanks to masks, any residual swelling and bruising is easily covered at work or even in social settings.

**What reason do most people give you for why they want to change up their bodies or faces?** This year by far weight gain has been the most common reason I hear every day. Men and women of all ages have suffered from weight gain over the last couple of years. Most people don't come in asking to look like someone else or to "change" their face or body.; They want to look like a younger version of themselves, or as they frequently say, they want their face or body to match the inner energy they have or feel. They say when they look in the mirror they feel that the picture doesn't match their inner self.

**What celebrity looks-wise do most people want to look like and use images of for you to follow during your procedures?** It might be my particular patient population but less and less people are coming asking to look like someone else. "Following" any images patients bring as it sets the wrong expectation for the patients. Bringing photos does help to better communicate with your surgeon what type of results you like. It is helpful as long as it doesn't give you the impression that you wake up looking like someone else. As one of my plastic surgeon friends tells his patients: I would like to look like Lebron James but genetically my body is not designed no matter how hard I try. I would say each month I hear Jeniffer Lopez's abs and buttocks followed by Kim Kardashian's buttocks as I do a lot of Brazilian Buttocks Lifts under local anesthesia. People talk about Jane Fonda's facelift which was done really well. My injection patients still ask for Angelina Joellie's lips more than Kylie Jenner's.

**How safe are implants these days?** We've heard horror stories! In the history of medicine, very few medical devices have undergone the level of scrutiny and speculation that breast implants have. Plastic Surgery Societies





around the world are constantly looking at the safety of these implants and report and publish any possible issues. To this day, to the best of my knowledge, there is no evidence-based or concrete studies providing solid data supporting "Silicone Implant Illness." Yet we all hear on social media about people who removed their implants and their fatigue for example went away or a specific illness they had was cured. This is how I approach this in my consultations. When patients come in for breast augmentation, if they know they want silicone implants I assure them of the safety. If however patient is very worried about the safety of silicone implants or have had a friend or relative who removed them and their condition improved, I do not try to convince them otherwise. Peace of mind is very important and saline implants are great alternative options for those patients. Ultimately the decision is the choice of the patients.

**If 2020 was the "Year of the Rear", what would you say 2021 was known for in plastics?** I think fat injections to buttocks kept its popularity in 2021 despite the safety concerns that came out earlier. As with any safety concerns in this field, the entire society of plastic surgeons jumped on the issue to identify the risk factors and immediately made strong recommendations on how to perform the surgery safely. That is not to say it was the most popular procedure. Because I am pretty sure liposuction was the popular procedure in 2021. Gyms were closed due to COVID for most of the year and they say on average Americans gained 30 pounds. Then thanks to vaccines all of a sudden people could travel again, see their friends and wanted to post on their social media. Liposuction gave them the jump start with very short downtime with modern techniques. For example, in my office, I do a majority of liposuctions and even fat transfers to buttocks under lo-

cal anesthesia. These patients won't need pain medication more than a few days and within the first month the majority of the swelling is gone.

**What tips can you give to anyone wanting to get some work done and choosing the right surgeon?** Do your research and don't rush. See a few plastic surgeons. You will find one whose results you like, also the way they do the surgery and their personality. In plastic surgery, there are different ways of achieving your desired results. For example, three plastic surgeons could give you three different types of tummy tuck and all three could deliver a good outcome. See which method and its downtime fits your lifestyle and expectations better and with whom you feel more comfortable. [hakimiplasticsurgery.com](http://hakimiplasticsurgery.com)